

# DATA BRIEF

## Demographic Characteristics of Older Adults in Virginia



Population



Projections



Gender, Race, &  
Hispanic Origin



Marital Status &  
Living Arrangement



Language



Educational  
Attainment



Poverty &  
Economic Status



Disability &  
Health

## CONTACT

For questions and additional data services,  
contact **Sol Baik** (sbaik@virginia.edu)

## DATA SOURCES

<sup>1</sup> U.S. Census Bureau. (2023). Population Estimates Program Special Tabulation 2020. Retrieved from <https://agid.acl.gov/release.html>

<sup>2</sup> University of Virginia Weldon Cooper Center for Public Service. (2022). Virginia Population Projections. Retrieved from <https://coopercenter.org/virginia-population-projections>

<sup>3</sup> U.S. Census Bureau. (2023). American Community Survey (ACS) 5-year Estimates Special Tabulation on Aging and Disability 2016-2020. Retrieved from <https://agid.acl.gov/release.html>

<sup>4</sup> U.S. Census Bureau. (2022). American Community Survey (ACS) 5-year Estimates 2016-2020. Retrieved from <https://data.census.gov/>

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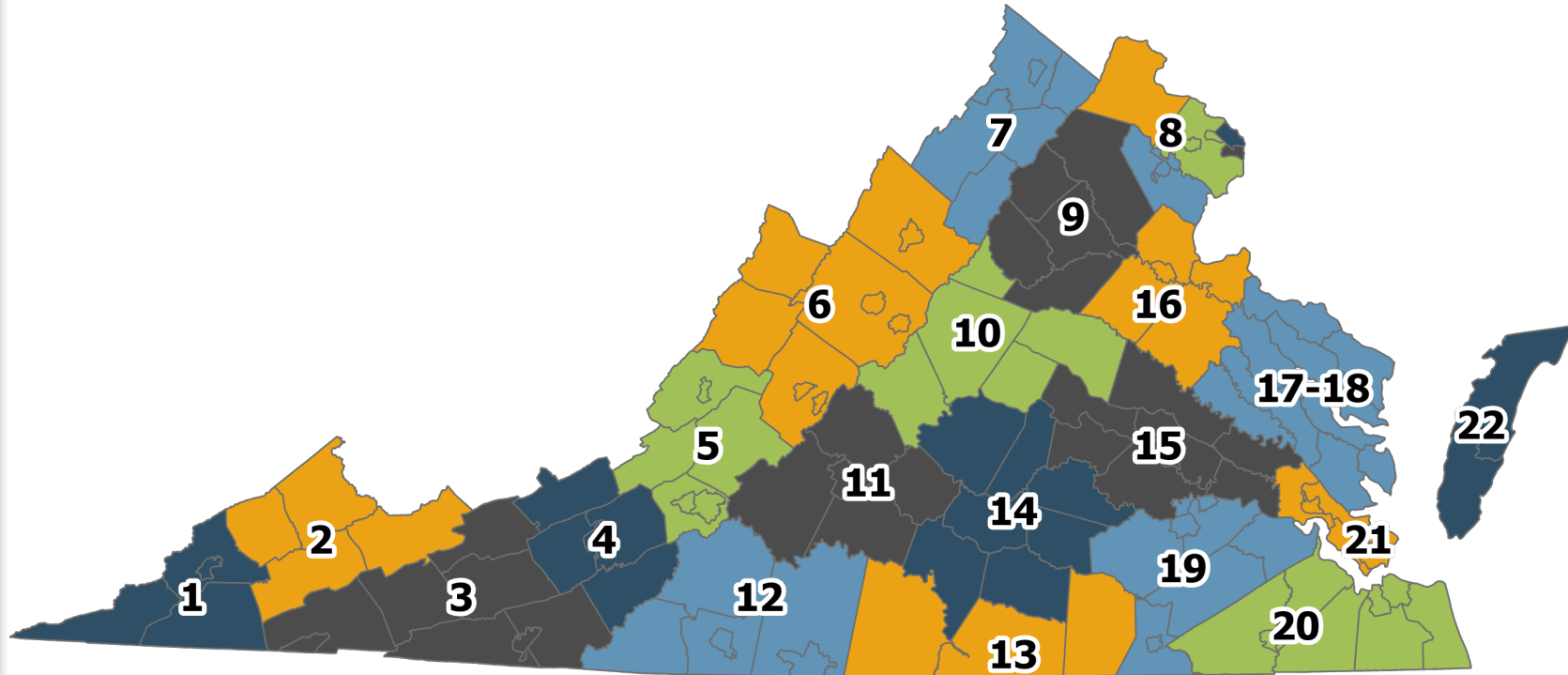


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There are **25 Area Agencies on Aging** (AAA) in Virginia.

As of 2020, there were **1,912,111 Virginians aged 60+**, accounting for **22.2% of the total population** in the Commonwealth.<sup>1</sup>

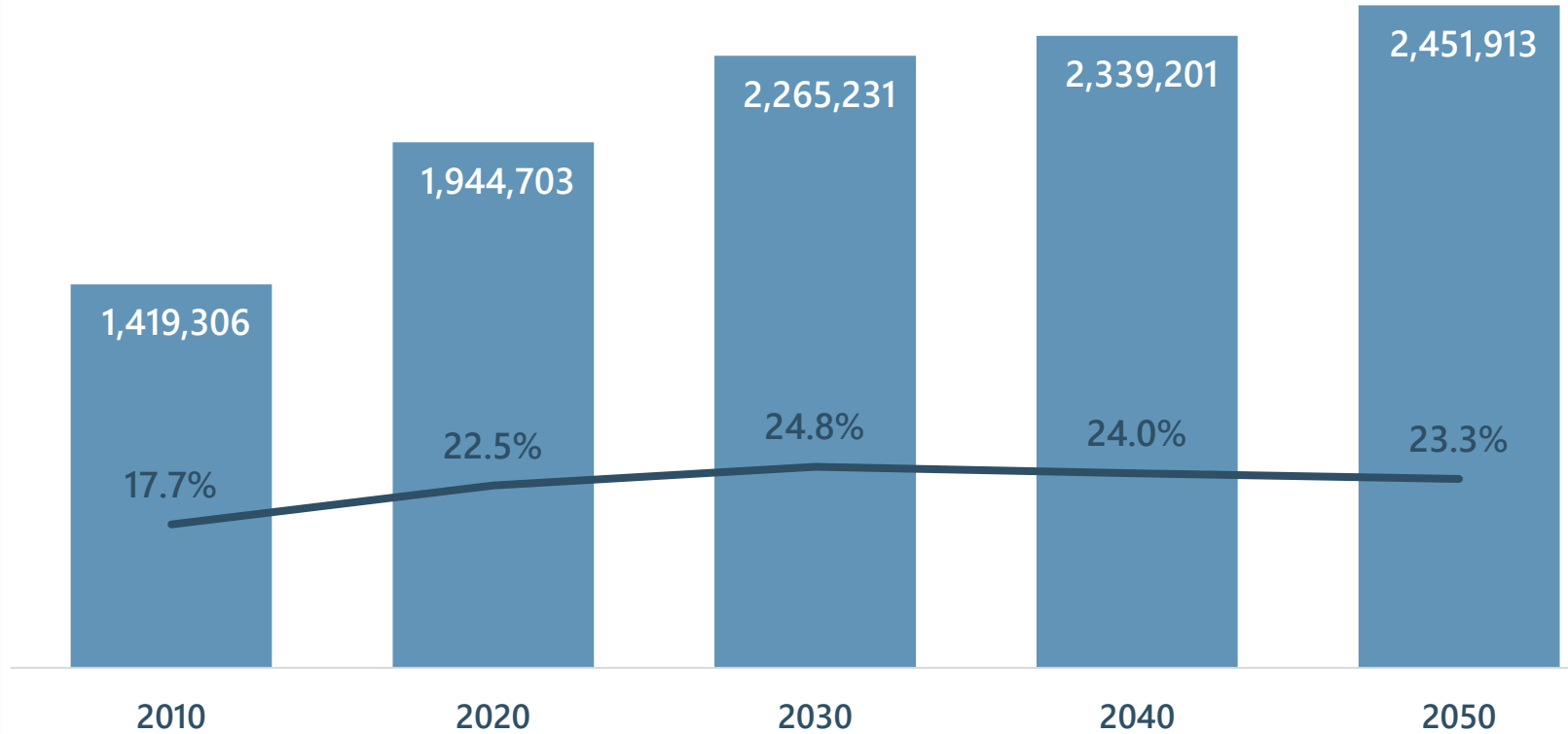


# POPULATION PROJECTIONS



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By 2030, Virginians aged 60+ will comprise **24.8%** of the total population in the Commonwealth.<sup>2</sup>

The 60+ population in Virginia is **expected to grow steadily** but the **rate of growth is projected to decline** each successive decade until 2050.<sup>2</sup>

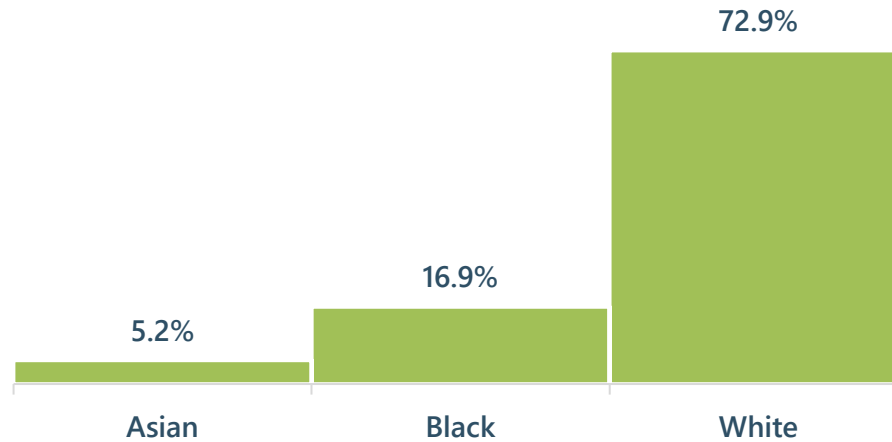


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## GENDER, RACE, & HISPANIC ORIGIN



Percentage of 60+ Adults by Race & Hispanic Origin



**54.1%** of 60+ Virginians were **women** and **45.9% men**.<sup>1</sup>

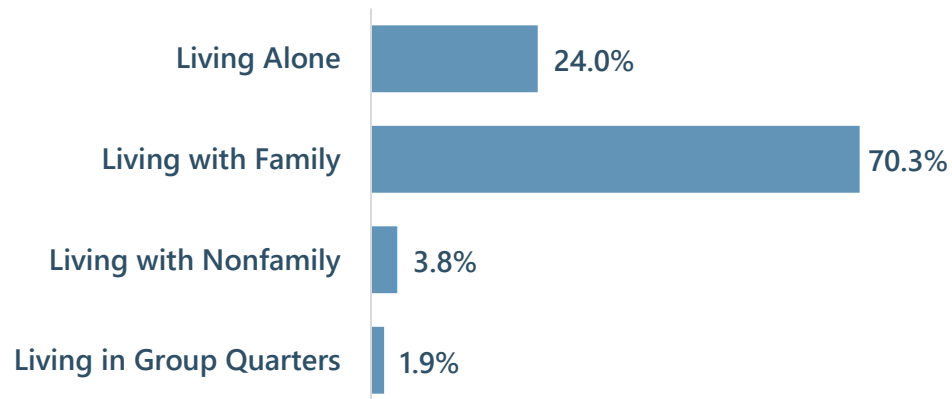
Among 60+ Virginians, **3.8%** were **Hispanic**.<sup>1</sup>

Other non-Hispanic racial groups consisted of less than 2%.<sup>1</sup>

## MARITAL STATUS & LIVING ARRANGEMENT



60+ Adults by Living Arrangement



**24%** of 60+ Virginians **lived alone**.<sup>3</sup>

**56.2%** of 60+ Virginians were married or partnered, followed by **18.7%** widowed, **14.6%** divorced, **4%** separated, and **6.5%** never married/single.<sup>3</sup>

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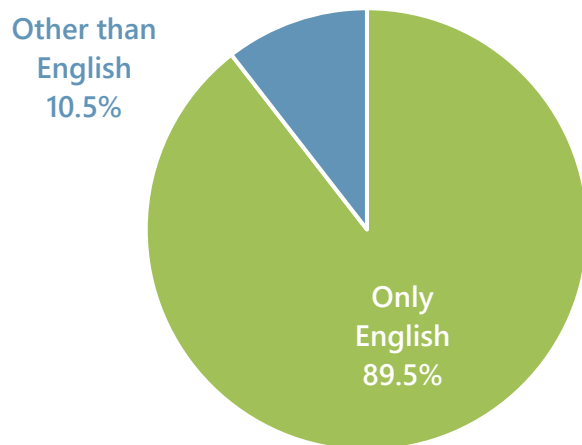


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## LANGUAGE SPOKEN AT HOME



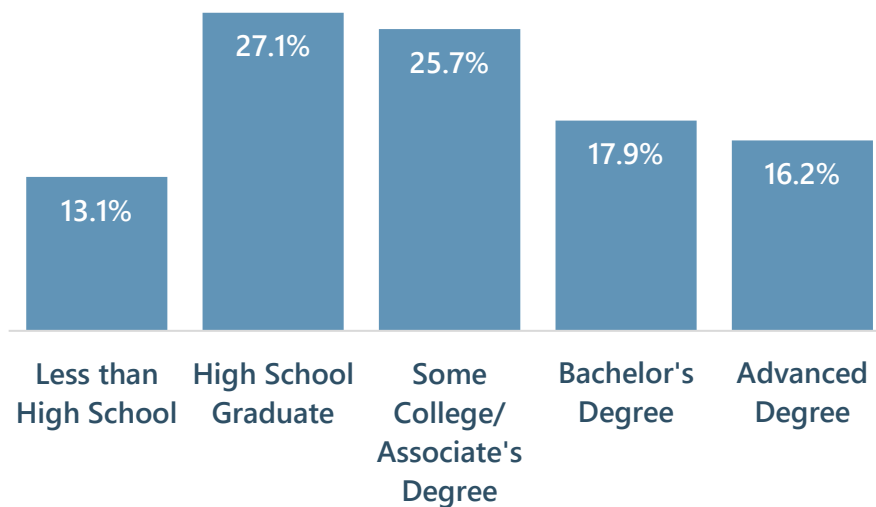
60+ Adults by Language Spoken Most at Home



**11%** of 60+ Virginians were foreign-born immigrants.<sup>3</sup>

Among 60+ Virginians, **10.5%** said they mostly **spoke other languages** than English at home.<sup>3</sup>

## EDUCATIONAL ATTAINMENT



**13.1%** of 60+ Virginians had less than a high school education.<sup>3</sup>

**16.2%** of 60+ Virginians had graduate or professional degrees.<sup>3</sup>

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## POVERTY & ECONOMIC STATUS



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**7.7%** of 60+ Virginians were  
**in poverty.**<sup>3</sup>



**7.1%** of households with 60+  
older adults **received food  
stamps or SNAP.**<sup>4</sup>

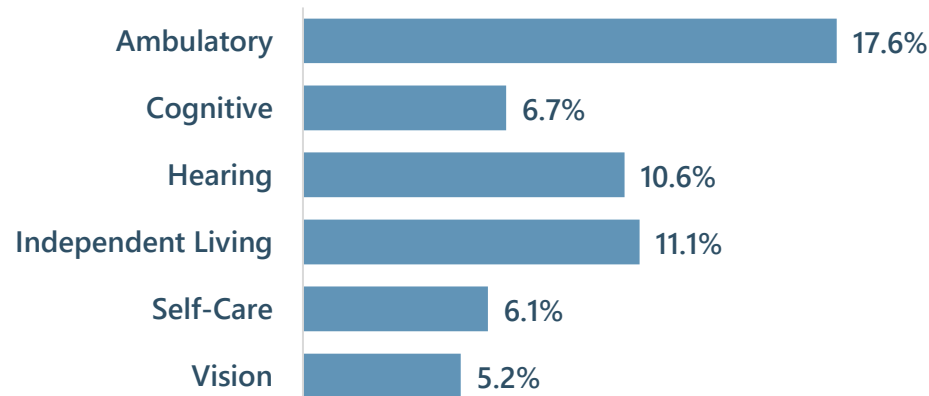


**19.4%** of 60+ householders  
**rented** their houses.<sup>4</sup>

## DISABILITY & HEALTH



### 60+ Adults by Disability Type



**28.1%** of 60+ Virginians had a  
**disability** and **14.4%** had **two or  
more types of disabilities.**<sup>3</sup>

Among those with a disability,  
**1.9%** had **no health insurance  
coverage.**<sup>3</sup>